

Menu Info						
Name : September 2021 Main Menu						
Meal : Lunch			Meal Pattern : NSLP / SSO			
Monday, August 30 2021		Tuesday, August 31, 2021		Wednesday, September 1, 2021	Thursday, September 2, 2021	Friday, September 3, 2021
Week I	Grilled Chicken Caesar Salad <i>Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing</i> Crisp Varietal Apple	Honey Mustard Chicken on Whole Grain Bun Cool Ranch Doritos Grape Tomatoes Banana	Chicken Caesar Wrap Crisp Mixed Greens Salad & Dressing Lemon Blueberry Crisps Fruited Applesauce	Grilled Chicken Bistro Salad <i>Bistro salads with hearty Romaine and Spinach salad, along with Chicken Breast & Whole Grain Roll.</i> Fruit	Banh Mi Chicken Sandwich w/Sauce Steamed Seasoned Brown Rice Sliced Cucumbers w/Ranch Fresh Citrus Fruit	
Veg	Salad or cheese sandwich					
Monday, September 6, 2021		Tuesday, September 7, 2021		Wednesday, September 8, 2021	Thursday, September 9, 2021	Friday, September 10, 2021
Week II	NO SCHOOL - HOLIDAY	NO SCHOOL - HOLIDAY	Grilled Chicken Southwest Taco Salad <i>Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad.</i>	CKC Crazy Good Chicken Bun Fruited Yogurt Cup Crisp Salad & Dressing Fresh Melon	Asian Chicken Sticky Bun Fresh Citrus Fruit Cinnamon Goldfish	
Veg	Salad or cheese sandwich					
Monday, September 13, 2021		Tuesday, September 14, 2021		Wednesday, September 15, 2021	Thursday, September 16, 2021	Friday, September 17, 2021
Week III	Grilled Chicken Caesar Salad <i>Chicken Breast served on a bed of Romaine, Spinach, Cucumbers, Tomatoes, Peas & topped with Parmesan cheese & Caesar salad dressing</i> Crisp Varietal Apple	Lime Chicken Bun w/Boom Sauce Carrots w/Ranch WG Cool Ranch Doritos Banana & Choice Milk	Banh Mi Chicken Sandwich w/Sauce Celery & Ranch Chilled Grapes	Grilled Chicken Bistro Salad <i>Bistro salads with hearty Romaine and Spinach salad, along with Chicken Breast & Whole Grain Roll.</i> Fruit	Teriyaki Chicken Bun Carrots w/ Ranch Applesauce Cup	
Hot Meal						
Veg	Salad or cheese sandwich					
Monday, September 20, 2021		Tuesday, September 21, 2021		Wednesday, September 22, 2021	Thursday, September 23, 2021	Friday, September 24, 2021
Week IV	Turkey Bun Goldfish Pretzels Baby Carrots Varietal Crisp Apple	Tender Salisbury Steak & Gravy WG Dinner Roll Mashed Potatoes Banana	Grilled Chicken Southwest Taco Salad <i>Youza Sauce and Corn chips add a Southwest dimension to this salad of Romaine, LCR mix, Pinto bean and Corn. Chicken Breast completes the salad.</i>	Sesame Chicken Bun Sliced Cucumbers & Dip Chilled Grapes	Chicken & Cheese Torta Sandwich Seasonal Fresh Cut Melon Scooby Grahams	
Meal						
Veg	Salad or cheese sandwich					
Monday, September 27, 2021		Tuesday, September 28, 2021		Wednesday, September 29, 2021	Thursday, September 30, 2021	
Week V	Roast Turkey on Wheat Bread Sun Chips Cornstastic Salad Crisp Varietal Apple	Asian Sesame Chicken Wrap Asian Slaw Mix Baby Carrots & Fortune Cookie Banana & Choice Milk	Chicken Caesar Wrap Fresh Broccoli & Dip Seasonal Melon Vanilla Chat Snax	Grilled Chicken Bistro Salad <i>Bistro salads with hearty Romaine and Spinach salad, along with Chicken Breast & Whole Grain Roll.</i> Fruit		
Meal						
Veg	Salad or cheese sandwich					
<i>Hot Veg and Cold meals are served with vegetables and fruit of the day</i>						

*Skim and 1% milk choices offered daily.
*All Bread/Chips/Tortillas listed in the menu are whole-grain products.