Name:_____ Grade:____

Return this form to the office no later than May 24

Date	R indicates a regular meal and V indicates a vegetarian meal order		
	Breakfast	Lunch	Salad Only
3rd			
4th			
5th			
6th			
7th			
10th			
11th			
Total Number:	x $2.00	x $4.00	x $2.00
$ Amount Enclosed:			

Make checks payable to:
UPPER MISSISSIPPI ACADEMY

Upper Mississippi Academy

June 2019

BAG LUNCH

Prices: Student - $4.00, Adult - $4.00, Salad Only - $2.00

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entree
Fresh Green Salad - Lettuce Blend, Caesar, Spinach Mix, OR Oriental Dressing/Dip
Salad Toppings - Shredded Cheese, Trail Mix, Croutons, Chowmein Noodles, Mandarin Orange, OR Raisins
Fresh Veggies - Carrots, Broccoli, Cucumbers, Tomatoes, OR Celery
Fresh Fruit - Apple, Orange, OR Banana
Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
3rd	**4th**	**5th**	**6th**	**7th**
Bag Lunch Turkey Ham & Cheese Bagel Veggies & Hummus Dip Fruit, Milk VEG - Multi-Cheese Bagel	**Bag Lunch** Southwest Chicken Wrap Baked Chips & Bean Dip Veggies, Fruit, Milk VEG - Southwest Cheese Wrap	**Bag Lunch** Turkey Salami & Cheese Sand Corn Salad Fruit, Milk VEG - Multi-Cheese Sand	**Bag Lunch** Chicken Salad Wrap Baked Chips Veggies, Fruit, Milk VEG - Egg Salad Wrap	**Bag Lunch** Deli Sub Carrot Slaw Veggies, Fruit, Milk VEG - Multi-Cheese Sub
10th	**11th**	**8th**	**9th**	**10th**
Bag Lunch Turkey Ham & Cheese Bagel Veggies & Bean Dip Fruit, Milk VEG - Multi-Cheese Bagel	**Bag Lunch** Turkey & Cheese on Bun Baked Chips Veggies, Fruit, Milk VEG - Multi-Cheese on Bun	**Summer Break**	**Summer Break**	**Summer Break**
13th	**14th**	**15th**	**16th**	**17th**
Summer Break	**Summer Break**	**Summer Break**	**Summer Break**	**Summer Break**
20th	**21st**	**22nd**	**23rd**	**24th**
Summer Break	**Summer Break**	**Summer Break**	**Summer Break**	**Summer Break**

Done Right Food
School & Event Catering Services

BREAKFAST— 8:45 - 9:15

Prices: Student - $2.00, Adult - $2.00

SERVED DAILY AT EVERY MEAL

Granola / Breakfast Loaf / Assorted Muffins / Whole Grain Bagels
Low Fat Fruit Yogurt / String Cheese / Cream Cheese / Cheese Stick
Fresh Fruit / 100% Juice
Variety of Milk, including Skim

MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS
Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
stephanie.oyen@umissacademy.org or
DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com