



Name: _____ Grade: _____

Upper Mississippi Academy

February 2019

**Return this form to the office
no later than January 25**

HOT LUNCH

Prices: Student - \$4.00, Adult - \$4.00, Salad Only - \$2.00

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entrée
 Fresh Green Salad - Lettuce Blend, Caesar, Spinach Mix, OR Oriental Dressing/Dip
 Salad Toppings - Shredded Cheese, Trail Mix, Croutons, Chowmein Noodles, Mandarin Orange, OR Raisins
 Fresh Veggies - Carrots, Broccoli, Cucumbers, Tomatoes, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Date **R indicates a regular meal and V indicates a vegetarian meal order**

	Breakfast	Lunch	Salad Only
1st			
4th			
5th			
6th			
7th			
8th			
11th			
12th			
13th			
14th			
19th			
20th			
21st			
22nd			
25th			
26th			
27th			

Monday Tuesday Wednesday Thursday Friday



Friday 1st
 Cheesy Breadsticks & Marinara Sauce
 Salad, Veggies, Fruit, Milk
 VEG - Same

4th	5th	6th	7th	8th
Chicken Philly Hoagie Roasted Potatoes Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Hamburger Salad, Veggies, Fruit, Milk VEG - Cheese Enchilada Bake & Roll	Orange Glazed Chicken w/ Steamed Rice Salad, Veggies, Fruit, Milk VEG - Cheese Burrito	Turkey Hot Dog Baked Beans Salad, Veggies, Fruit, Milk VEG - Egg Salad Sub	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same
11th	12th	13th	14th	15th
Vegetable Beef Soup Corn Muffin Salad, Veggies, Fruit, Milk VEG - Vegetable Bean Soup	Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	BBQ Beef on Bun Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Hoagie	Chicken Fajita Wrap Pinto Beans Salad, Fruit, Milk VEG - Santa Fe Cheese Wrap	No School
18th	19th	20th	21st	22nd
No School	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same	Orange Glazed Chicken w/ Steamed Rice Salad, Veggies, Fruit, Milk VEG - Egg Salad Sub	BBQ Beef on Bun w/ Baked Beans Salad, Fruit, Milk VEG - Cheese Burrito	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Same
25th	26th	27th	28th	Early Release
White Chicken Chili Southern Biscuit Salad, Veggies, Fruit, Milk VEG - White Bean Chili	Swedish Meatballs w/ Pasta Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	Soft Shell Chicken Taco Pinto Beans Salad, Fruit, Milk VEG - Santa Fe Cheese Wrap		

BREAKFAST— 8:45 - 9:15

Prices: Student - \$2.00, Adult - \$2.00

Total Number:	x \$2.00	x \$4.00	x \$2.00
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SERVED DAILY AT EVERY MEAL

Granola / Breakfast Loaf / Assorted Muffins / Whole Grain Bagels
 Low Fat Fruit Yogurt / String Cheese / Cream Cheese / Cheese Stick
 Fresh Fruit / 100% Juice
 Variety of Milk, including Skim

\$ Amount Enclosed: _____

**Make checks payable to:
UPPER MISSISSIPPI ACADEMY**

**MENUS SUBJECT TO INFREQUENT CHANGE
BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 stephanie.oyen@umissacademy.org or
 DONE RIGHT FOOD @ 763-789-4493 or
 www.donerightfood.com