

Name: _____ Grade: _____

**Return this form to the office
no later than April 24**

Date	X indicates a meal order		
	Breakfast	Lunch	Salad Only
1st			
2nd			
3rd			
4th			
8th			
9th			
10th			
11th			
12th			
15th			
16th			
17th			
18th			
22nd			
23rd			
24th			
25th			
26th			
30th			
31st			
June 1st			
June 2nd			
June 5th			
June 6th			
June 7th			
June 8th			
Total Number:			
\$ Amount Enclosed:			

Upper Mississippi Academy

May/June 2017

HOT LUNCH

Prices: Student - \$3.75, Adult - \$3.75, Salad Only - \$2.00

SERVED DAILY

Regular Entrée and/or Meatless/Vegetarian Alternate Entrée
 Fresh Green Salad - Lettuce Blend, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Dressing/Dip
 Salad Toppings - Shredded Cheese, Trail Mix, Croutons, Chowmein Noodles, Mandarin Orange, OR Raisins
 Fresh Veggies - Carrots, Broccoli, Cucumbers, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
Vegetable Beef Stew Corn Muffin Salad, Veggies, Fruit, Milk VEG - Three Bean Chili	Chicken Mostaccioli Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Mostaccioli	Salisbury Steak Deli Coleslaw & Roll Salad, Fruit, Milk VEG - Multi-Cheese Sand	Santa Fe Chicken Wrap Refried Beans Salad, Veggies, Fruit, Milk VEG - Santa Fe Cheese Wrap	Student Release Day
8th	9th	10th	11th	12th
White Chicken Chili Southern Biscuit Salad, Veggies, Fruit, Milk VEG - White Bean Chili	Italian Pasta w/ Meatsauce Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	Chicken Kofta Brown Rice Salad, Veggies, Fruit, Milk VEG - Hummus w/ Chips	Beef Enchilada Bake Pinto Beans & Roll Veggies, Fruit, Milk VEG - Cheese Enchilada Bake	Buffalo Chicken Sandwich Potato Wedges Salad, Fruit, Milk VEG - Italian Cheese Sand
15th	16th	17th	18th	19th
BBQ Meatball Hoagie Potato Salad Salad, Fruit, Milk VEG - Egg Salad Hoagie	Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk VEG - Cheese Alfredo	Beef & Bean Chili Tortilla Chips Salad, Veggies, Fruit, Milk VEG - Three Bean Chili	Chicken Fajita Wrap Black Beans Veggies, Fruit, Milk VEG - Santa Fe Cheese Wrap	Student Release Day
22nd	23rd	24th	25th	26th
Vegetable Beef Soup Corn Muffin Salad, Veggies, Fruit, Milk VEG - Vegetable Bean Soup	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk ALT - Same	BBQ Chicken Leg Steamed Corn & Biscuit Veggies, Fruit, Milk VEG - Multi-Cheese on Bun	Soft Shell Beef Taco Refried Beans Salad, Fruit, Milk VEG - Cheese Quesadilla	Italian Chicken Sub Carrot Slaw Salad, Fruit, Milk VEG - Egg Salad Sub
29th	30th	31st	June 1st	June 2nd
No School	Pasta w/ Meatballs Soft Breadstick Salad, Veggies, Fruit, Milk VEG - Cheesy Pasta	Teriyaki Chicken Leg Steamed Corn & Biscuit Salad, Fruit, Milk VEG - Egg Salad Sub	Soft Shell Turkey Taco Baked Beans Salad, Veggies, Fruit, Milk VEG - Santa Fe Cheese Wrap	BBQ Beef on Bun Carrot Slaw Salad, Fruit, Milk VEG - Italian Cheese Hoagie
June 5th	June 6th	June 7th	June 8th	
Chicken Taco Soup Tortilla Chips Salad, Veggies, Fruit, Milk VEG - Veggie Taco Soup	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk VEG - Same	Beef & Cheese Stuffed Potato & Biscuit Salad, Fruit, Milk VEG - Bean & Cheese Stuffed	Soft Shell Chicken Taco Black Beans Veggies, Fruit, Milk VEG - Cheese Burrito	

BREAKFAST— 8:45 - 9:15

Prices: Student - \$2.00, Adult - \$2.00

SERVED DAILY AT EVERY MEAL

Granola / Breakfast Loaf / Assorted Muffins / Whole Grain Bagels
 Low Fat Fruit Yogurt / String Cheese / Cream Cheese / Cheese Stick
 Fresh Fruit / 100% Juice
 Variety of Milk, including Skim

**Make checks payable to:
UPPER MISSISSIPPI ACADEMY**

**MENUS SUBJECT TO INFREQUENT CHANGE
BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients
 that contain peanuts, other nuts/seeds, milk, egg,
 soybean, and other products.



*This institution is an equal
opportunity provider.*

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real
 food that helps teach the right
 message to children.

ANY QUESTIONS? CONTACT:
 kate.needleman@umissacademy.org or
 DONE RIGHT FOOD @ 763-789-4493 or
 www.donerightfood.com