

Adopted: Feb. 12, 2014
Revised: _____

UMA Policy 856

856 STUDENT NUTRITION OPERATION

Policy reflects Minnesota statute and aligns with other District 4210 policies.

I. PURPOSE

Define goals and responsibilities of the School Nutrition program.

UMA is responsible for assuring that the contracted student nutrition programs will follow the state and federal guidelines for the National School Lunch Program (NSLP) and the National School Breakfast Program (NSBP), to plan meals for all students grades 6-12 and utilize maximum reimbursements provided through the various federal/state programs in which it participates. Current nutrition knowledge will also play a critical function in this process. Other District child feeding programs should consult with this policy and the contracted food service provider for the purpose of planning and/or providing meal and snack services served during the course of the school day or afterschool programs for the purpose of adhering to nutrition guidelines.

The link between nutrition and learning is well documented. Healthy eating patterns are essential for students to achieve their full academic potential, full physical and mental growth, and lifelong health and well-being. Indisputable science and research results tell us that in order to be happy and healthy we need to do the following:

1. Eat whole foods that are minimally processed
2. Eat a plant-based diet
3. Get regular physical activity
4. Develop and sustain healthy relationships

These are all vital for both our physical and mental wellness. Food is one of the most important influences on everyday brain skills from concentration, to memory, to our mental health. Our behavior, intelligence, and performance are significantly affected by the quantity and quality of what we eat.

The income from the sale of food or beverage items to students, anywhere on the school premises from thirty minutes prior to the start of any school day until thirty minutes after the school day, shall follow the UMA student nutrition programs.

II. FINANCIAL OPERATION OF STUDENT NUTRITION PROGRAMS

The student meal program's goal is to be financially self-supporting. However, the program is an essential educational support activity. Budget neutrality or profit generation shall not take precedence over the nutritional needs of the student. If additional funds are needed, attempts will be made to minimize revenue gained from the sale of foods that have little nutritional value and /or compete nutritionally with program meals.