

Upper Mississippi Academy March Menu

	Monday, March 4, 2024	Tuesday, March 5, 2024	Wednesday, March 6, 2024	Thursday, March 7, 2024	Friday, March 8, 2024	
Hot Meal	Buffalo Chicken Nuggets	Veggie Quesadilla	<i>New</i> Authentic Chicken Tamale	Fritos Enchilada Nachos	Bag Lunch	Week VI
	Ranch Dip	Steamed Green Beans	Authentic, soft, moist Chicken & Green Sauce Tamale	Top your Fritos corn chips with Delicious Enchilada chicken, Shred Cheese, Lettuce & Boom Sauce	Sandwich	
	Berry Crackers	Chilled Pears	Boom Sauce		Juice	
	Carrot Slims & Dip	100% Fruit Juice	Steamed Street Corn	Cheesy Refried Beans, 100% Fruit Juice	Carrot Sticks	
	Cinnamon Apples, 100% Fruit Juice & Choice Milk	Choice Milk	Bananas & Choice Milk	Honey Grahams, Fresh Orange & Choice Milk	Fruit	
Hot Veg	Grilled Cheese Sandwich	Veggie Quesadilla	Bean & Cheese Burrito	Veggie Garden Burger	Sunbutter and Jelly	
	Monday, March 11, 2024	Tuesday, March 12, 2024	Wednesday, March 13, 2024	Thursday, March 14, 2024	Friday, March 15, 2024	
Hot Meal	Asian Chicken Pot Stickers	Stuffed Dipping Bites w/ Sauce	All Beef Hot Dog	Sesame Chicken	NO SCHOOL	Week I
	Teriyaki Dipping Sauce	Baby Carrots & Dip	WG Bun, Ketchup	Steamed Seasoned Brown Rice		
	Celery Sticks	Chilled Pears	CKC Baked Beans & Carrot Slims	Mixed Greens Salad & Dressing		
	Cinnamon Apples	100% Fruit Juice	Strawberry Bites	Fresh Orange		
	100% Fruit Juice & Choice Milk	Choice Milk	Bananas & Choice Milk	100% Fruit Juice & Choice Milk		
Hot Veg	Cheese Calzone	Stuffed Dipping Bites w/ Sauce	Bean & Cheese Burrito	Grilled Cheese Sandwich	Buttermilk Pancakes w/ Syrup & Colby Cheese Omelet	
	Monday, March 18, 2024	Tuesday, March 19, 2024	Wednesday, March 20, 2024	Thursday, March 21, 2024	Friday, March 22, 2024	
Hot Meal	Flama Crunch Burger..(yep, we will send mayo)	Brunch Lunch	Soft Tortilla Taco	Mandarin Orange Chicken	Bag Lunch	Week II
	Top your Burger with Flama Doritos	French Toast Sticks & Syrup	Seasoned Beef & WG Wrap	Steamed Brown Rice	Sandwich	
	CKC Baked Beans & Carrot Slims	Celery Sticks	Shredded Lettuce, Cheese & Crema	Garden Greens Salad & Dressing	Juice	
	Cinnamon Apples	Chilled Pears	Steamed Corn	Fresh Orange	Carrot Sticks	
	100% Fruit Juice & Choice Milk	100% Fruit Juice & Choice Milk	Grahams, Bananas & Choice Milk	100% Fruit Juice & Choice Milk	Fruit	
Hot Veg	Bean & Cheese Burrito	Brunch Lunch	Cheesy Pull Aparts	French Pizza Bread	Grilled Cheese Sandwich	
	Monday, March 25, 2024	Tuesday, March 26, 2024	Wednesday, March 27, 2024	Thursday, March 28, 2024	Friday, March 29, 2024	
Hot Meal	Spicy Chicken Tenders & Dip	Bean & Cheese Pupusa	<i>New</i> Southern Drumstick	Tots & Beef Crunch	NO SCHOOL	Week III
	Cracker Crisps	Boom Sauce	Mildly Seasoned Chicken Drumstick	Seasoned Beef & Smashed Tater Tots served on Tostitos		
	Baby Carrots & Dip	Street Corn Salad	WG Dinner Roll & Sweet Chili Doritos	Crema		
	Cinnamon Apples	Chilled Pears & 100% Fruit Juice	Fresh Sliced Cucumbers & Banana	Lemony Pinto Beans & Carrot Slims		
	100% Fruit Juice & Choice Milk	Choice Milk	Choice Milk	Chat Snax, Fresh Orange, 100% Fruit Juice & Choice Milk		
Hot Veg	Cheese Hot Pocket & Sauce	Bean & Cheese Pupusa	Cheesy Quesadilla	Stuffed Dipping Bites/ Italian Dip	Cheesy Pull Aparts	

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

The menus are 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.